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Beyond Assessment of Quality of Life in Schizophrenia

This book fills a significant research gap in how to integrate quality of life data into relevant clinical care plans, and to broaden its applicability to pharmaco-economic studies of antipsychotic medications and health policy decision-making. It also presents an argument for reformulating the concept of health-related quality of life in schizophrenia as a bio-psycho-social construct, which provides an opportunity to better explore the many factors underpinning the concept itself. Internationally renowned experts from different scientific backgrounds and scopes of expertise each make arguments for the need to invigorate quality of life as a concept in schizophrenia, by broadening its[...]

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The Essential Guide to Lithium Treatment

This book is a practical, up-to-date guide to the correct use of lithium for the short- and long-term treatment of mood disorders. Among the subjects addressed are the pharmacology and mechanisms of action of lithium, its use for maintenance treatment, the role of lithium in the treatment of mania and depression and in suicide prevention, further clinical indications, the administration of lithium during pregnancy and the postpartum period, and adverse effects and their management. Relevant background information is provided on the diagnosis, classification, and natural course of mood disorders, and an overview of other treatments for bipolar disorder and major depression is[...]

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Surviving Dementia
A Clinical and Personal Perspective

This text approaches the care of dementia patients via the experience of a psychiatrist as well as a caregiver, offering a holistic approach to care that is unlike any other book in the market. Laced with her experiences from both her professional and personal life, Huffington Post columnist and psychiatrist Dr. Carol W. Berman aims to educate mental health professionals on topics that they continue to grapple with, including diagnosis and treatment, behavioral challenges among patients, working with non-professional and professional caregivers, hospice care, and many other difficulties professionals face when caring for dementia patients. With the same easy-to-read yet informative[...]

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Evidence-Based Herbal and Nutritional Treatments for Anxiety in Psychiatric Disorders

This book presents the current clinical evidence on the efficacy of herbal and nutritional treatments for anxiety that is experienced in association with psychiatric disorders, and explains how health professionals can apply this knowledge to the benefit of patients presenting with a wide range of symptoms, including comorbid mood disorders. All chapters are written by world-leading researchers who draw on the findings of human clinical trials to provide uncompromising assessments of individual treatments, including herbal anxiolytics with sedative actions, adaptogens, cognitive anxiolytics, and nutraceuticals. Traditional treatments requiring further study – including the plant-based[...]

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Psychiatric Neurotherapeutics
Contemporary Surgical and Device-Based Treatments

This volume covers the gamut of surgical and device-based treatments for psychiatric disorders. Written by experts in the field, this book covers neuroscience advances in the neurobiological underpinnings of psychiatric diseases, emerging surgical and device-based treatments, and advances in the field. Topics include electroconvulsive therapy, transcranial magnetic stimulation, Vagus nerve stimulation (VNS), and many other cutting-edge treatments and techniques.Psychiatric Neurotherapeutics is a value-
Mental Health and Older People
A Guide for Primary Care Practitioners

This case-based book offers primary care practitioners support in managing older people with difficulties due to mental health problems, emphasizing the importance of integrating health and social care. The full range of disorders is covered, including anxiety and depression, delirium, psychosis, and the dementias. The discussion of anxiety and depression encompasses diagnosis and management, assessment of risk, evidence for both pharmacological and non-pharmacological interventions, and models of care. Clear guidance is provided on the identification and management of symptoms of delirium and different forms of psychosis in older people. The coverage of the dementias includes...

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Understanding Suicide
From Diagnosis to Personalized Treatment

In this book international experts address a range of key current issues relating to suicide. The opening chapters discuss nosology, definitions, clinical determinants, and conceptual models of the suicide process and consider the evidence regarding potential biomarkers of suicide risk based on neuroscientific research. Adopting a neo-Durkheimian perspective, the role of various social factors in the genesis of suicidal behavior is then explored in depth. Practical user-friendly tools that facilitate risk assessment by clinicians are provided, and detailed consideration is given to efficient and innovative strategies for the prevention of suicide and the treatment of suicidal...

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Innovative Applications

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On-Call Geriatric Psychiatry
Handbook of Principles and Practice

This text covers basic principles and practice of on-call psychiatric care in the geriatric patient in various medical settings. It compiles the most likely com-
The Psychiatric Interview for Differential Diagnosis

This book offers an alternative to operational diagnostic manuals and manuals for structured interviewing as the only sources of theoretical and clinical knowledge. It provides an exposition of psychiatric interviewing that is theoretically and clinically well founded and supplies the reader with a coherent framework for performance of a thorough psychiatric examination. The goal is not to come up with yet another interview scheme but to facilitate an understanding of the basic (but, today, completely neglected) tenets of psychopathology and phenomenology. This exposition targets the disorders of subjectivity (consciousness), the second-person processes of interrelated disciplines to offer the most up-to-date information about clinical and preclinical research into ketamine and second-generation “ketamine-like” fast-acting antidepressants. Currently available antidepressant medications act through monoaminergic systems, are ineffective for many individuals suffering from depression, and are associated with a delayed onset of peak efficacy of several months. The unexpected emergence of ketamine, an anesthetic N-methyl-D-aspartate (NMDA) receptor antagonist, as a rapid-acting antidepressant has reinvigorated CNS drug discovery research and...

Forthcoming

S.J. Mathew, C.A. Zarate, Jr. (Eds.)

Ketamine for Treatment-Resistant Depression

The First Decade of Progress

This book brings together an international group of clinicians and researchers from a broad swath of patients and provides assessment and management tools for each situation. Written and edited by expert geriatric psychiatrists, emergency psychiatrists, consultation/liaison psychiatrists, geriatricians, and other multidisciplinary specialists, this is the first handbook devoted to on-call geriatric psychiatry. Chapters contain an important summary of key points for managing clinical situations, case studies, and reflective questions. This text brings together relevant principles of on-call geriatric psychiatry provided in...
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**Brief Interventions for Psychosis**  
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This book offers a clinical guide that brings together a broad range of brief interventions and their applications in treating psychosis. It describes two core approaches that can narrow the current, substantial gap between the need for psychotherapeutic interventions for all individuals suffering from psychosis, and the limited mental health resources available. The first approach involves utilizing the standard therapeutic modalities in the context of routine clinical interactions after adapting them into brief and effective formats. To that end, the book brings in experts on various psychotherapeutic modalities, who discuss how their particular modality could be adapted to more[...]
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**Psychiatrists in Combat**  
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This book tells the professional and personal experiences of American military psychiatrists and their colleagues in the longest conflict in American history. These highly trained men and women treat service members for the psychological consequences from their experiences in battle, including killing enemy combatants; seeing wounded and killed civilian casualties; losing their friends in combat; factoring in personal mental health needs, including psychiatric drug treatment; and potentially dealing with their own physical injuries from being shot or blown up. The volume consists of 20 short first-person case studies from the mental health providers who have been risking their lives[...]
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**Case Studies**  
The diagnosis and management of ADHD co-occurring with other disorders such as anxiety, depression and personality disorders remain major challenges for clinicians treating all age groups. This book guides clinicians through each step in the diagnosis and management of the comorbidities of adult ADHD on the basis of essential case studies describing psychiatric disorders that frequently occur with ADHD. Each case includes a diagnosis section and management section and is accompanied by questions and answers concerning the most important aspects in diagnosing and managing both ADHD and...
the comorbid disorders. Drawn from actual clinical encounters, the case studies also feature ample[...]
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An Experiential Approach to Psychopathology
What is it like to Suffer from Mental Disorders?
This book introduces the reader to a clear and consistent method for in-depth exploration of subjective psychopathological experiences with the aim of helping to restore the ability within psychiatry and clinical psychology to draw qualitative distinctions between mental symptoms that are only apparently similar, thereby promoting a more precise characterization of experiential phenotypes. A wide range of mental disorders are considered in the book, each portrayed by a distinguished clinician. Each chapter begins with the description of a paradigmatic case study in order to introduce the reader directly to the patient's lived world. The first-person perspective of the patient is the[...]
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