Medicine | PSYCHIATRY & PSYCHOTHERAPY
Title Selection - Spring 2017

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A. Annamalai

**Medical Management of Psychotropic Side Effects**

This book is a practical guide for psychiatrists to use when treating patients for medical issues. Over the past 10-20 years, the number of medications prescribed for psychiatric illnesses has steadily increased, and psychiatric practitioners are frequently called upon to manage medical issues and side effects that result from psychotropic treatment. Covering a wide range of conditions from thyroid disorders to cardiac disease, this book is a helpful resource for understanding common adverse medical effects that occur when psychotropic drugs are administered. Presented in a practical format, each chapter discusses management of a particular medical problem or side effect and then... More on www.springer.com/978-3-319-51024-8

**Softcover**
2017. XX, 304 p. 48 illus., 45 illus. in color.  
▶ 96,29 €  
ISBN 978-3-319-51024-8  
Gewöhnlich versandfertig in 3-5 Werktagen.

B. Barahona Corrêa, R.-J. van der Gaag (Eds.)

**Autism Spectrum Disorders in Adults**

In this book a group of international experts guide the reader through the clinical features of adults with autism spectrum disorders, describe the care needs of patients and their families, explain the evolution of the disorders into old age, and highlight what can be done to help. Detailed attention is paid to the medical and psychiatric problems of adults with these disorders and the approach to their education and professional integration. In addition, expert neuroscientists summarize current views on the neurobiology of autism. Autism spectrum disorders are devastating neurodevelopmental disorders. Although diagnosis and therapeutic interventions usually take place in infancy,... More on www.springer.com/978-3-319-42711-9

**Hardcover**
▶ 117,69 €  
ISBN 978-3-319-42711-9  
Erscheinungstermin: May 2, 2017

R. Balon (Ed.)

**Practical Guide to Paraphilia and Paraphilic Disorders**

This book is a concise, practical guide to both paraphilia and paraphilic disorders as defined by the DSM-5 guidelines. Written by experts in the field, the chapters cover the different types of paraphilic disorder as well as the cutting-edge, emerging issues such as online sex. Unlike any other book on the market, the text also covers the most successful treatment strategies, include the therapeutic, hormonal, and psychopharmacological approaches. The book also discusses the ethical, legal, and cultural issues that are common complications when dealing with paraphilic disorders. Many chapters feature an introduction, diagnostic criteria, summary of evidence, clinical example,... More on www.springer.com/978-3-319-42205-3

**Hardcover**
2017. X, 332 p. 8 illus., 7 illus. in color.  
▶ 89,99 €  
ISBN 978-3-319-42205-3  
Erscheinungstermin: June 1, 2017

D. Camfield, E. McIntyre, J. Sarris (Eds.)

**Evidence-Based Herbal and Nutritional Treatments for Anxiety in Psychiatric Disorders**

This book presents the current clinical evidence on the efficacy of herbal and nutritional treatments for anxiety that is experienced in association with psychiatric disorders, and explains how health professionals can apply this knowledge to the benefit of patients presenting with a wide range of symptoms, including comorbid mood disorders. All chapters are written by world-leading researchers who draw on the findings of human clinical trials to provide uncompromising assessments of individual treatments, including herbal anxiolytics with sedative actions, adaptogens, cognitive anxiolytics, and nutraceuticals. Traditional treatments requiring further study – including the plant-based,... More on www.springer.com/978-3-319-42305-0

**Hardcover**
▶ 96,29 €  
ISBN 978-3-319-42305-0  
Erscheinungstermin: May 2, 2017

V. Dhiakov, K.S. Anand

**Clinical Neuropsychopharmacology**

*Desk Reference for Physicians*

This handbook discusses the medications used in the treatment of neurological and psychiatric diseases from the perspective of practicing clinicians. There is a considerable overlap between these two specialties with both sides using drugs of the other specialty. The book provides a quick reference guide to help clinicians select appropriate drugs, dosages, and understand the adverse effects and clinically significant drug interactions in neuropsychopharmacology. It consists of 12 chapters with illustrations, tables, and flow charts as well as case examples relevant to the needs...
patients are not engaged in individual psychotherapy. A short introduction outlines in concise language the core elements of TFP and its origins in object relations theory. The book then [...] More on www.springer.com/978-3-319-44089-7

Hardcover
2016. XI, 269 p. 12 illus., 4 illus. in color.
► 96,29 €
ISBN 978-3-319-44089-7
Gewöhnlich versandfertig in 3-5 Werktagen. March 4, 2017

K. Kosaka (Ed.)
Dementia with Lewy Bodies
Clinical and Biological Aspects
This book describes biological and clinical aspects of dementia with Lewy bodies (DBL), one of the most common types of progressive dementia, although in most cases the cause is unknown. The editor has made a major contribution to the understanding of the disease since he first reported DBL in 1976. Written by renowned experts in the field, the book discusses not only diagnostic criteria and clinical symptoms of DBL but also various imaging modalities and biological markers such as alpha-synuclein, which are useful for diagnosis of DBL. Dementia with Lewy Bodies is aimed at psychiatrists, neurologists, and researchers who are interested in DBL.
More on www.springer.com/978-4-431-55946-7

Hardcover
2017. VIII, 241 p. 45 illus., 26 illus. in color.
► 144,44 €
ISBN 978-4-431-55946-7
Gewöhnlich versandfertig in 3-5 Werktagen.
a rapid-acting antidepressant has reinvigorated CNS drug discovery research and[...]

More on www.springer.com/978-3-319-42923-6

Hardcover
2016. XIX, 155 p. 6 illus., 3 illus. in color.
► 96,29 €
ISBN 978-3-319-42923-6

Gewöhnlich versandfertig in 3-5 Werktagen.

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Ketamine for Treatment-Resistant Depression

The First Decade of Progress

This book brings together an international group of clinicians and researchers from a broad swath of inter-related disciplines to offer the most up-to-date information about clinical and preclinical research into ketamine and second-generation “ketamine-like” fast-acting antidepressants. Currently available antidepressant medications act through monoaminergic systems, are ineffective for many individuals suffering from depression, and are associated with a delayed onset of peak efficacy of several months. The unexpected emergence of ketamine, an anesthetic N-methyl-D-aspartate (NMDA) receptor antagonist, as

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International Medical Graduate Physicians

A Guide to Training

Many thousands of international graduate physicians from diverse medical specialties serve the health care needs of the United States, and one-in-four psychiatry residents are international medical graduates. International Medical Graduate Physicians: A Guide to Training was created by prominent leaders in academic psychiatry to support the success of these international medical graduate physicians as they complete their clinical training and enter the physician workforce in this country. This insightful title has been developed as a valuable resource, filled with key information and personal narratives, to foster optimal wellbeing and decisionmaking of IMG physicians as they[...]

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ISBN 978-3-319-49459-3
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Quality of Life Deficit in Mental Disorders
A Target for Therapy
Going beyond the psychosocial aspects of quality of life and delving into the neurobiological basis of emotions, feelings and satisfaction, this unique title provides a state-of-the-art overview of subjective quality of life for people with severe mental disorders such as schizophrenia, schizoaffective disorders, major depressive disorder and bipolar disorder (mood disorders). Four crucial issues are addressed: the main characteristics of the quality of life deficit in individuals with severe mental disorders; the course of quality of life deficits among these patients; the underlying factors (indicators and predictors) that influence quality of life; and a suitable model that can[...]
More on www.springer.com/978-3-319-40544-5

Hardcover
2017. X, 329 p. 29 illus. in color.
► 139,09 €
ISBN 978-3-319-40544-5
Erscheinungstermin: May 11, 2017

Psychiatric Care in Severe Obesity
An Interdisciplinary Guide to Integrated Care
This book is designed to present a comprehensive, state-of-the-art approach to assessing and managing bariatric surgery and psychosocial care. Unlike any other text, this book focuses on developing a biopsychosocial understanding of patients’ obesity journey and psychosocial factors contributing to their obesity and its management from an integrated perspective. Psychiatric Care in Severe Obesity takes a 360 approach by covering the disease’s prevalence and relationship to psychiatric illness and social factors, including genetics, neurohormonal pathways and development factors for obesity. This book presents evidence and strategies for assessing psychiatric issues in severe obesity[...]
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2017. XII, 357 p. 18 illus., 12 illus. in color.
► 117,69 €
ISBN 978-3-319-42534-4
Gewöhnlich versandfertig in 3-5 Werktagen.

Psychotherapy
A Practical Guide
This title combines the many schools of thought on psychotherapy into one reader-friendly guide that coaches psychotherapists through the various techniques needed as the field expands. Unlike any other book on the market, this text considers all of the simultaneous advances in the field, including the neurobiology of emotions, the importance of the therapeutic relationship, mindfulness meditation, and the role of the body in healing. Written with genuine respect for all traditions from CBT to psychodynamics, the book unifies views of psychopathology and cure based on the notion of the mind-brain as an
discusses applications in academic, public, federal, and educational settings and suggests practical guidelines for implementing and maintaining a telepsychiatry program. As the elder population continues to grow over the next several decades, digital tools, including videoconferencing, will play a large role in meeting the needs of the elderly. Written by the leaders in geriatric telepsychiatry, this text is the first to focus on the psychosocial application of these digital tools, lay out the policies and guidelines for[...]
More on www.springer.com/978-3-319-51489-5

Softcover
2017. XII, 167 p. 11 illus. in color.
► 71,68 €
ISBN 978-3-319-51489-5
Erscheinungstermin: March 25, 2017

Psychiatric Care in Severe Obesity
A Clinician’s Guide to Evidence-based Medicine
The Massachusetts General Hospital Handbook of Behavioral Medicine
A Clinician’s Guide to Evidence-based Psychosocial Interventions for Individuals with Medical Illness
This text outlines the importance of biopsychosocial factors in improving medical care, and illustrates evidence-based, state-of-the-art interventions for patients with a variety of medical conditions. Each chapter is focused on a particular health concern or illness, which is described both in terms of prevalence and frequent psychological and psychiatric comorbidities that may present to clinicians working with these populations. Consistent with evidence-based care, information on the efficacy of the treatments being described is presented to support their continued use. To accommodate the needs of clinicians, we describe population specific approaches to treatment, including goal[...]
More on www.springer.com/978-3-319-29292-2

Hardcover
2017. IX, 342 p. 1 illus. (Current Clinical Psychiatry)
► 74,89 €
ISBN 978-3-319-29292-2
Gewöhnlich versandfertig in 3-5 Werktagen.

Geriatric Telepsychiatry
A Clinician’s Guide
This book provides a basic introduction to geriatric telepsychiatry, including potential benefits and drawbacks of utilizing this treatment modality. The text